# Shape up your tennis skills this

# Adult Intermediate & Advanced Tennis

# **Serving Clinic**

Hit with spin & develop greater precision and rhythm on your serve. Recommended for 3.0+ ability levels. 4 weeks. Fee: \$18

TSVC-1C	6/3-6/24	T	7-8pm
TSVC-2C	7/8-7/29	T	7-8pm
TSVC-3C	8/12-9/2	Т	7-8pm

#### **Tennis Aerobics**

Get in shape with 90 minutes of tennis drills & games set to music. Guaranteed to get you pumped! All abilities welcome. Fee: \$26.

TTAC-1C	6/2-6/23	M	8-9:30pm	
TTAC-2C	7/7-7/28	M	8-9:30pm	
TTAC-3C	8/11-9/1	M *	8-9:30pm	
* Monday class finishing on 9/8,				
skipping Labor Day 9/1				

#### **Ball Machine Drills**

Commit your strokes to memory! Ability Level: 3.0+ Fee: \$18.

# Session 1 – Weeks of 6/2-6/23

IBMC-1C	l l	8-9pm
TBMC-2C	Th	7-8pm
TBMC-3C	Sa	8-9am

# Session 2 – Weeks of 7/7-7/28

TBMC-4C	T	8-9pm
TBMC-5C	Th	7-8pm
TDMC 6C	20	9 0om

#### Session 3 - Weeks of 8/11-9/1

TBMC-7C	T	8-9pm
TBMC-8C	Th	7-8pm
TBMC-9C	Sa	8-9am

## **Net Play Clinic**

Volley your way to success! Work on drive-volleys, half-volleys, overheads, angle volleys, volley lobs, and drop volleys. Fee: \$18

TNPC-1C	6/4-6/25	W	8-9pm
TNPC-2C	7/9-7/30	W	8-9pm
TNPC-3C	8/13-9/3	W	8-9pm

## **Topspin Clinic**

Hit like a touring professional with topspin ground-strokes and serves. Recommended for 3.5+ ability levels. Eight-week session, Fee: \$18

TTSC-1C	6/2-6/23	M	7-8pm
TTSC-2C	7/7-7/28	M	7-8pm
TTSC-3C	8/11-9/8	M*	7-8pm
* Monday c	lass finishing	on 9/8	, skipping
L	abor Day 9/1		

#### **Advanced Strokes and Drills**

For players capable of stroke dependability and accuracy. Focus on modern game with work on forehand domination, attacking weak serves, and new-age volley. 4 weeks.

Fee: \$26

TSDA-1C	6/4-6/25	W	7:30-9pm
TSDA-2C	7/9-7/30	W	7:30-9pm
TSDA-3C	8/13-9/3	W	7:30-9pm

# **Doubles Strategy**

Improve doubles shot selection, court positioning, movements, & communication.
Register alone or with a partner.
Ability level: Intermediate. Fee: \$18.

6/4-6/25	W	7-8pm
7/9-7/30	W	7-8pm
8/13-9/3	W	7-8pm
	7/9-7/30	7/9-7/30 W

# **Aggressive Tennis**

For league and tournament players (4.0+) wanting a competitive workout. Improve Spin on serves, ground-strokes and volleys. Four-week sessions. Fee: \$26

PTC-1C	6/5-6/26	Th	8-9:30pm
PTC-2C	7/10-7/31	Th	8-9:30pm
PTC-3C	8/1/1-0//	Th	8-0.30nm

Class size is limited!

**Advance Registration Required!** 

www.tempe.gov/pkrec/krc/tennis/

